



International
Diabetes
Federation
Western Pacific

REGIONAL

NEWSLETTER

ISSUE 11, AUGUST 2026

PROFESSOR TAKASHI KADOWAKI AWARDED ADA 2026 BANTING MEDAL FOR SCIENTIFIC ACHIEVEMENT



The immediate past-Chair of the IDF WPR, Professor Takashi Kadowaki, MD, PhD, was awarded the American Diabetes Association (ADA's **2026 Banting Medal for Scientific Achievement**, which is their highest scientific honour. He delivered his excellent award lecture at the 86th ADA meeting in Chicago on June 7, 2026.

This great honour recognises Professor Kadowaki's innovative research in diabetes and endocrinology, including groundbreaking insights into the biology and genetics of insulin action, insulin resistance, and type 2 diabetes. He discovered and characterised adiponectin receptors, which have key roles in insulin resistance, and made seminal contributions related to the biology and genetics of insulin resistance in Type 2 diabetes. These results have helped redefine the field of diabetes health.

Based on this and his many other important contributions throughout his career, he also reminded us that "breakthroughs in science often arise when results contradict expectations" and that scientific discoveries require rigour, courage, passion and creativity.

The Banting lecture is usually subsequently published in the ADA Journals.

Congratulations and thank you for your discoveries, leadership, wisdom, and for being a wonderful doctor, researcher and role model.

Professor Alicia Jenkins



IDF-WPR CONGRESS 2026 PROGRAM TAKES SHAPE

Planning for the IDF Western Pacific Region Congress 2026 (18–21 August, Melbourne) continues to build strong momentum, with a comprehensive program across six core streams spanning research, clinical care, education, public health, policy and lived experience. The program is now available and the App shall be soon.

The Congress will feature a high-calibre international speaker line-up, with strong representation from across the Western Pacific Region. Confirmed invited speakers include the following, alongside a wide range of clinicians, researchers, and lived-experience leaders from across the region.

STREAM 1: LIVING WITH DIABETES

Johanah Joyce Co
Nupur Lalvani
Fiona Ooi

STREAM 2: DIABETES EDUCATION AND QUALITY IMPROVEMENT

Prof. Winnie Chee Siew Swee
Dr. Samuel Chen
Erum Ghafoor

STREAM 3: METABOLIC DISEASES 2026 – DISCOVERY SCIENCE IN DIABETES

Prof. Weiping Han
Dr. Yiguo Wang
Prof. Steven Kahn

STREAM 4: EPIDEMIOLOGY, PUBLIC HEALTH AND POLICY

Prof. Hung-Yuan Li
Prof. Tien Wong
Dr. Andrea Luk

STREAM 5: DIABETES COMPLICATIONS

Dr. Nanhee Kim
Dr. Loh Wann Jia
Prof. Horng-Yih Ou

STREAM 6: CLINICAL DIABETES MANAGEMENT AND THERAPEUTICS

Prof. Nikhil Tandon
Dr Anjana Ranjit Mohan
Dr. Takashi Sugiyama

IDF-WPR CONGRESS 2026 PROGRAM TAKES SHAPE

The program has been shaped by a Program Organising Committee with strong Western Pacific representation, including contributors from Australia, Indonesia, Malaysia, Singapore, Hong Kong, Taiwan, New Zealand and India, ensuring the content reflects both regional priorities and global developments. In addition to the core program, the Congress will host dedicated regional symposia, including the *Diabetes India Symposium*, *IDF South East Asia Symposium*, *Huaxia Regional Diabetes Symposium* and the *Korean and Australian Diabetes Societies Joint Symposium*, alongside the *Lancet Regional Health – Western Pacific Symposium* and *Diabetes Care Symposium* entitled *Lessons Learned from Diabetes Care in the Indo-Asia-Pacific*.

Together, these elements highlight the strength of regional leadership, collaboration and innovation across the Western Pacific.

Visit the Congress website to explore the full program and register today

SHOWCASING COMMUNITY AND REGIONAL CONNECTION: GLOBAL VILLAGE & DIABETES COMMUNITY DAY

The IDF-WPR Congress 2026 will feature a strong focus on community engagement and regional connection through the Global Village and the Diabetes Community Day.

The Global Village will provide a vibrant platform for IDF WPR member associations and partners from across the Western Pacific Region to showcase their work, share local initiatives and connect with the broader global diabetes community. It reflects the diversity, innovation and collaboration across the region.

Complementing this, the Diabetes Community Day will offer a free, dedicated program designed for people living with diabetes, families and the broader community, bringing together education, lived experience and practical support alongside an interactive exhibition.

Together, these initiatives ensure the Congress is not only a scientific and clinical forum but also a platform grounded in community engagement and regional collaboration.

**YOUTH
ART
AWARDS
2026**

WWW.YOUTHARTAWARDS2026.COM



**IDF-WPR 2026 & ADC 2026
& METABOLIC DISEASES 2026**

MELBOURNE CONVENTION AND EXHIBITION CENTRE | 18-21 AUGUST 2026

NEWS FROM THE REGION

NEWS FROM THE INTERNATIONAL DIABETES FEDERATION NEW CENTRES OF EXCELLENCE in the WPR

Congratulations to the nine International Diabetes Federation Centres of Excellence for 2026-2027 from our WPR.

International Diabetes Federation Centres of Excellence (CoE) are designated clinical or research institutes that offer specialised care and support to people with diabetes. They provide comprehensive services and multidisciplinary education, with a team of healthcare professionals who work together to deliver coordinated care, education, and advanced treatments and technologies, such as insulin pumps and continuous glucose monitoring. Many CoEs also participate in research and clinical trials to develop new treatments and improve outcomes.



北京瑞京糖尿病医院
BEIJING RUIJING DIABETES HOSPITAL



Siriraj Diabetes Center of Excellence



香港糖尿病及肥胖症研究所
HONG KONG INSTITUTE OF
DIABETES AND OBESITY



A detailed written process is reviewed by the International Diabetes Federation, and if approved, a fee is required. In the previous 2-year term, there were over 20 Centres of Excellence globally, with four in our WPR. For 2026 / 2027, there are 33 CoE globally, with nine in the WPR. Each CoE has its logo on the IDF website and a page about its institution, which can link to its institutional website. <https://idf.org/our-network/centres-of-excellence/> Congratulations to all WPR CoE. May the excellent work of these and all other diabetes care facilities in the WPR continue.



天津医科大学 朱宪彝纪念医院
代谢病医院
Tianjin Medical University Chu Hsien-I Memorial Hospital



Kemenkes
RS Cipto Mangunkusumo
ADVANCED DIABETES CENTER



Lee's Clinic
李氏聯合診所



International
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NEWSLETTER



International Diabetes Federation

Western Pacific



**Metabolic
Diseases**
Breakthrough Discoveries in Diabetes and Obesity

Melbourne Convention and Exhibition Centre

18-21 August 2026



Join us in Melbourne for the International Diabetes Federation Western Pacific Region Congress

combined with Australasian Diabetes Congress
and Metabolic Diseases 2026

This landmark event will unite diabetes health professionals,
researchers and advocates from across the globe to explore the
latest in science, care, and community engagement

REGISTRATIONS OPEN

Learn more and register today at diabetescongress2026.com



CONGRESSES & EVENTS

In the lead-up to Diabetes Australia co-hosting the 2026 IDF Western Pacific Region Congress in Melbourne (18–21 August 2026), there will be a number of volunteer opportunities specifically suited to Early- and Mid-Career Researchers (EMCRs). These roles will provide valuable, hands-on experience in organising and delivering a major international scientific conference, including exposure to abstract management, program development, and stakeholder engagement. Volunteering will support professional skill development, strengthen academic and professional CVs, expand regional and international networks, and may make participants eligible for discounted congress registration—making it an excellent opportunity for career progression and visibility within the diabetes research community.

Diabetes Related Events 2026 in the Western Pacific and Beyond of Interest to the WPR

AUGUST	<u>IDF-WPR 2026 & ADC 2026 & Metabolic Diseases 2026</u> Melbourne, Australia 18–21 August 2026
SEPTEMBER	<u>EASD 2026 – 62nd Annual Meeting of the European Association for the Study of Diabetes</u> Milan, Italy 28 September – 2 October 2026
OCTOBER	<u>Diabetes and Cardiovascular Risk Factors – East Meets West Symposium 2026</u> Hong Kong 3–4 October 2026
DECEMBER	<u>ATTD-ASIA 2026 – 3rd Asian Conference on Innovative Therapies for Diabetes Management</u> Kyoto, Japan 9–11 December 2026

If you have event information that you wish to add to the list,
please contact the Editorial Team! (idf.wpr@idf.org)
Please provide the event name, date, time, location, poster, and website link.



CALL FOR CONTENT

Do you have news you want featured in the
IDF WPR Newsletter?

Would you like to promote your conference?

Send us your story to: idf.wpr@idf.org



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EMCR

PUBLICATION PRIZE 2025

Since the establishment of the *IDF Western Pacific Region Newsletter*, an annual **Yearly Publication Prize** has been awarded to support and recognise **Early to Mid-Career Researchers** across all member associations of the IDF Western Pacific Region.

The Publishing Board of the **International Diabetes Federation Western Pacific Region** is proud to announce the **2025 winners** of the Yearly Publication Prize.

For the best Clinical Paper of 2025

Giang Dao — *Diabetes Care* (Q3 clinical winner)

The Glycemic Impact of Protein Ingestion in People With Type 1 Diabetes.

PMID: 39951019



For the best Science Paper of 2025

Dr Chun Kwan O — *Diabetologia* (Q2 science winner)

A polygenic risk score derived from common variants of monogenic diabetes genes is associated with young-onset type 2 diabetes and cardiovascular-kidney complications.

PMID: 39579208



Each winner will receive **AUD \$500.00** in recognition of their contribution and achievement.

This award provides an excellent opportunity for early and mid-career professionals to share valuable resources, have their work featured in the IDF-WPR Newsletter, and gain recognition from colleagues throughout the region. It also celebrates the important contributions of emerging professionals and encourages the exchange of knowledge and achievements across member associations.

The Publishing Board congratulates all recipients and thanks them for their continued dedication to advancing diabetes care, education, and research throughout the Western Pacific Region.

Congratulations to the 2025 Yearly Publication Prize winners!



EMCR CORNER



Prize Winners of 2025 Q4

We hereby announce the IDF-WPR EMCRCR publication prize for the 4th quarter of 2025!



CLINICAL

Seiji Nishikage



"Plasma leukotriene B4 decreases after bariatric-metabolic surgery in severe obesity: A prospective observational study"

PMID: 40919654



SCIENCE

Natsu Otowa-Suematsu



"Association of metformin treatment with changes in metal dynamics in individuals with type 2 diabetes"

PMID: 40887134

Prize Winners of 2026 Q1

We hereby announce the IDF-WPR EMCRCR publication prize for the 2nd Quarter of 2026!

CLINICAL

Dr. Chun-Heng Kuo



The Effect of Midpregnancy Screening for Gestational Diabetes Mellitus on Pregnancy Outcomes: The TESCO Randomised Controlled Trial
PMID:40986699

SCIENCE

Dr Eric Tsz-Chun Poon



Comparative effects of continuous glucose monitoring-informed and traditional interval-based carbohydrate refueling protocols on endurance exercise responses: an exploratory study
PMID:40957601

CALL FOR NOMINATIONS.

✓ Terms of Application

- Your publication must be published online or in print between Q2: April – June 2026
- Papers with Prof. Alicia Jenkins or Dr Angelo Sabag as co-authors are not eligible.

✓ How to Apply?

Please complete and submit the [nomination form](#)

YOUTH ART AWARDS 2026

A 2D ART COMPETITION

CALLING ALL YOUNG CREATIVES LIVING WITH DIABETES!

OPEN TO YOUNG PEOPLE LIVING WITH DIABETES

2D ARTWORK ONLY (DRAWING, PAINTING, MIXED MEDIA, ETC.)

ALL ENTRIES MUST BE NO LARGER THAN A4

AGES 3 TO 20 YEARS

ENTRIES CLOSE AUGUST 11, 2026

CATEGORIES

EARLY

3 - 5 YEARS

JUNIOR

6 - 11 YEARS

TEEN

12 - 15 YEARS

OLDER
TEEN

16 - 20 YEARS

ENTRIES TO BE EXHIBITED DURING THE IDF-WPR CONGRESS 2026 | ADC 2026 |

METABOLIC DISEASES 2026

MELBOURNE CONVENTION AND EXHIBITION CENTRE (MCEC)

18-21 AUGUST 2026

THOUSANDS OF DELEGATES FROM AROUND THE WORLD WILL VIEW FINALIST ARTWORKS.

SEND ENTRIES TO:

KATE KIRBY
BAKER HEART AND DIABETES INSTITUTE
75 COMMERCIAL ROAD
MELBOURNE, VIC 3004
AUSTRALIA

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