Early action on diabetes saves lives

10 November – 15:00 – 16:30 CET

Format
90 minutes

Rationale/Background

Diabetes is one of the world's fastest-growing health challenges. Yet too many people living with diabetes are diagnosed late, while millions do not know they are at high risk of developing the condition.

Early action can change this.

This November, the International Diabetes Federation's World Diabetes Day campaign is calling on people living with diabetes, people at risk, healthcare professionals, governments and communities to take action to support early detection, timely diagnosis and risk reduction.

This online event brings together experts, advocates and people living with diabetes from the global diabetes community to explore new research from the International Diabetes Federation on type 2 diabetes risk awareness and barriers to preventive action. It will also look at how to detect type 1 and type 2 diabetes earlier and how to improve access to quality care and support to reduce diabetes risk.

Target audience

- People living with diabetes and their carers
- People at risk of diabetes
- Healthcare professionals
- Policymakers
- Media

Objectives

- Share findings of new IDF research on type 2 diabetes risk awareness and challenges around screening and risk reduction.
- Highlight the importance of knowing the signs of diabetes to support timely and accurate diagnosis of diabetes.

- Encourage the global diabetes community join IDF's call for early action on diabetes this World Diabetes Day.

Welcome	
5′	**Moderator: Ana Alvarez Pagola, Blue Circle Voice, Spain/Argentina** Welcome to the online event
Setting the scene	
5′	**Prof Peter Schwarz, President, International Diabetes Federation (Video)** Welcome
5′	**WDD 2026 campaign video**
7′	**Moderator: Ana Alvarez Pagola, Blue Circle Voice, Spain/Argentina** Presentation of IDF Global Research Findings on type 2 diabetes risk.
7′	**Sanjana Marpadga, World Health Organization** Presentation about WHO Global Diabetes Compact
7′	**Savita Chavan, Blue Circle Voice, India** Share experience of child's delayed type 1 diabetes diagnosis and the importance of early detection.
Panel discussion (Q&A)	
40′	**Q&A Moderator: Ana Alvarez Pagola, Blue Circle Voice, Spain/Argentina** **Panellists:** • Lysandro Borges, Blue Circle Voice, Brazil • Savita Chavan, Blue Circle Voice, India
World Diabetes Day 2026	
5′	**Moderator: Ana Alvarez Pagola, Blue Circle Voice, Spain/Argentina** World Diabetes Day 2026 calls to action
Closing remarks	
5′	**Moderator: Ana Alvarez Pagola, Blue Circle Voice, Spain/Argentina** Closing and thanks