YOUTH POLICY DIALOGUE ON DIABETES

International Diabetes Federation Europe

YOURAH



Youth Policy Dialogue on Diabetes: 'Tackling Diabetes Together'

Date: 2 July 2025
Location: European Commission, Brussels

With the participation of:

- **Commissioner Glenn Micallef,** Intergenerational Fairness, Youth, Education & Sport
- **Commissioner Olivér Várhelyi,** Health and Animal Welfare
- **MEP Peter Agius**, Member of the MEPs Mobilising for Diabetes Interest Group (MMD Group)
- Young diabetes advocates from the **IDF Europe YOURAH Network**

EVENT OBJECTIVES

Coordinated by IDF Europe, the Youth Policy Dialogue brought together high-level EU decision-makers and young diabetes advocates from across Europe to exchange on the challenges faced by young people living with diabetes and explore opportunities for more inclusive, youth-centred health policies.





KEY MESSAGES

- Ensure the systematic inclusion of young people with lived experience in health policymaking to embed their perspectives at every stage.
- Promote equitable access to care and innovation, ensuring that no young person is left behind due to geographic or socioeconomic barriers.
- Prioritise mental health and holistic approaches to care as essential components of diabetes management.
- Leverage education, physical activity and digital technologies to improve health outcomes and quality of life for young people living with chronic conditions.
- Maintain diabetes as a strategic priority within all relevant EU health policies, including the forthcoming Cardiovascular Health Plan.

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